

Keysoe Riding Club Newsletter July 2007



Training Sessions for July August and September 2007

The following dates will be available for training sessions:

Mon 2nd July, 10.30-12.30am, Jumping, JHD (SJ Course)
Wed 4th July, 6.30-8.30pm, Jumping and Flatwork sessions, SJA & DJ
Fri 6th July, 10.30-12.30am, Flatwork, JHD
Mon 9th July, 10.30-12.30am, Jumping, JHD
Tues 10th July, Evening Dressage League
Weds 11th July, 6.30-8.30pm, Jumping and Flatwork sessions, SJA & DJ
Fri 13th July, 10.30-12.30am, Flatwork, JHD
Mon 16th July, 10.30-12.30am, Jumping, JHD
Weds 18th July, 6.30-8.30pm, Jumping and Flatwork sessions, SJA & DJ
Fri 20th July, 10.30-12.30am, Flatwork, JHD
Mon 23rd July-Fri 7th Sept, NO DAYTIME TRAINING
Weds 25th July, 6.30-8.30pm, Jumping and Flatwork sessions, SJA & DJ
Weds 1st August, 6.30-8.30pm, Jumping and Flatwork sessions, SJA & DJ
Tues 7th August, Evening Dressage League
Weds 8th August, 6.30-8.30pm, Jumping and Flatwork sessions, SJA & DJ
Weds 15th August, 6.30-8.30pm, Jumping & Flatwork sessions, SJA & DJ
Tues 21st August 5pm approx, Dressage Evening see below for details
Weds 22nd August, 6.30-8.30pm, Jumping & Flatwork sessions, SJA & DJ
Weds 29th August, 6.30-8.30pm, Jumping and Flatwork sessions, SJA & DJ
Weds 5th Sept, 6.30-8.30pm, Jumping & Flatwork sessions, SJA & DJ
Fri 7th Sept, 10.30-12.30am, Jumping, JHD
Mon 10th Sept, 10.30-12.30am, Flatwork, JHD
Weds 12th Sept, 6.30-8.30pm, Jumping & Flatwork sessions, SJA & DJ
Fri 14th Sept, 10.30-12.30am, Flatwork, JHD
Mon 17th Sept, 10.30-12.30am, Jumping, JHD (SJ Course)
Weds 19th Sept, 6.30-8.30pm, Jumping & Flatwork sessions SJA & DJ
Fri 21st Sept, 10.30-12.30am, Flatwork, JHD
Mon 24th Sept, 10.30-12.30am, Jumping, JHD
Weds 26th Sept, 6.30-8.30pm, Jumping & Flatwork, SJA & DJ
Fri 28th Sept, 10.30-12.30am, Flatwork, JHD (SJ Course)

Due to the commitments of The College EC, KRC are unable to hold daytime training sessions throughout the school holiday period.

Training Session Booking Procedure

Members wishing to come to any of the training sessions must book in advance. If you can't come to your arranged session, and you didn't cancel 24 hours before, then you will have to pay for that session the next time you come. If your horse is lame/ill or transport problems, please phone as soon as possible to cancel your session then we may be able to fill your slot. Due to the overheads of the training sessions (arena hire and trainer's fees), the Club are finding it cannot afford for people to book in then not turn up as we strive to keep the groups small for your riding benefit. Booking this way will hopefully encourage members to

keep their bookings. Also in another vein, you **MUST BOOK IN** before you come. Some people have just turned up without pre-booking which leads to sessions being too busy and riders not getting enough 'trainer time'. Please phone or text Caroline on the KRC booking number. **PLEASE DO NOT** go through your trainer!! If for some reason you cannot contact Caroline, then phone The College Office and someone will take your booking there.

Payment by cheque is preferred, you can pay for more than one session if you wish. Thanks.

PLEASE phone or text CAROLINE KENT 07895 068919 Voicemail on.

Monday Jumping Sessions with Jane Hurford-Dawson

These sessions are open to all club members to come and enjoy. We try not to have more than 5 riders in each session. The 10.30 session is for more novice horse/rider, the jumps are from poles on the floor to approx 2'. The 11.30 session is for riders who want to jump a little higher, being a bit more confident. From 23rd July these sessions have been moved to the evenings to accommodate the events booked at The College.

Wednesday Jumping Sessions with Sarah Armstrong

These sessions are also open to all members.

The 6.30-7.30 session with Sarah is a mixed flat and poles/jumping session for more Novice horse/riders.

Wednesday Flatwork Sessions with Douglas Jones

The 7.30-8.30 flatwork session with Douglas, for all abilities, but may be separated into novice and experienced flatwork sessions if the need arises.

Friday Flatwork Sessions with Jane Hurford-Dawson

These sessions are also open to all members 10.00-11.00 and 11.00-12.00am.

Both sessions are for horse/riders of all abilities, working on the flat towards a calm, soft and attentive horse.

From 23rd July these sessions have been moved to the evenings to accommodate the events booked at The College.

Sunday Flatwork & Poles with Jane Hurford-Dawson at Manor Farm, Westoning, Beds

We are hoping to arrange another Sunday flatwork and poles session at Westoning soon.

Latest News

Committee

We have lots of interesting events etc in the pipeline for our members but we need more help to make it work, thus we are looking for new members for the KRC committee.

If you or a family member is interested in helping, please feel free to contact any existing committee member. If you would like to help/organize an event but prefer not to be on the committee we are happy to accommodate that too.

New Job

Sarah Armstrong has taken a new job and so will be giving up as trainer soon so the Committee would like to thank Sarah and Clifford Armstrong for their assistance with the KRC training sessions.

Douglas Jones will be taking over some of the Wednesday training sessions so we hope you enjoy the training he can offer.

NB It would greatly help our administration if we could have cheques for training sessions rather than cash; this way we can easily see who has paid and match it to our lists

Member Contacts and Information

It would help us enormously if we could send you the Newsletter and any important news electronically. Please can you make sure we have your correct email address and contact details. Several members have not completed email details on their membership forms. If you have received your Newsletter by post and you do have an email address please let our Secretary, Rosemary Lloyd, (details below) have it as soon as possible so that we can add you to the email group list. This will save the Club money and will be to the ultimate benefit of all.

We will be sending out in next year's membership a form for you to fill in giving our training staff important health and safety information. i.e. if you have any allergies or health issues we should know about and who to call if an accident occurs. With this in mind, we do ask if you have any relevant information you think we should already have, please email or send this information to Rosemary Lloyd, our secretary on

rosemary.lloyd1@btinternet.com

Or post to KRC Secretary, c/o The College EC, Church Rd, Keysoe. Beds.

Saturday Club for Junior Members

We are planning to start a Saturday Club for the Junior Members in which there will be an opportunity to have a go on the small cross country course or have Lectures on Stable Management, Clipping and Trimming, Tack and Gadgets, quizzes etc.

If you are interested in these sessions, please feel free to offer any ideas of anything you might like to do on these days. Trainer TBA.

Open Show 28th May

Monday 28th May saw another typical wet Bank Holiday, but it didn't put too many people off coming along to our Open Show. It was quite well attended considering the continual rain we had over the whole of the weekend!! The Showing and the Hunter Class entries were a little low, but the Dressage went quite well. Over all it was the Show Jumping that kept the show going probably due to the fact that it was held in the indoor arena!! Many thanks to all those people who helped out on the day, it was greatly appreciated. And thank you to all those who turned out to compete too.

Coming Up

Wednesday Clear Round Evening

We are holding a Clear Round Evening on Wednesday 8th August from 6.30pm.

Please come along and have a go. The format will be, from 6.30pm the course will be starting from about 1ft high and will be raised during the evening. Each round will be £5 and of course a rosette to all clear rounds. This evening is open to all.

Summer Camp - Tuesday 28th August - Friday 31st August

We are planning to run a summer camp if members would be interested. Arrive during morning of 28th August, one afternoon session, leave after one morning session on 31st August.

Knowing how many other commitments many members have, we are taking a flexible pick and mix approach. You can choose to come and stay with your horse (well, separate accommodation!) for the whole time, or come for single days or even for single sessions, but we do need to know numbers well in advance to arrange facilities. There will be some evening activities arranged during the camp, which, numbers allowing, will be open to non-camp members as well, so please come along to these also. A detailed timetable will be available nearer the date for interested members, but will be weather dependent and Keysoe diary dependent.

Types of training being considered: flat work and exercises to improve your horse's way of going; improving your competition performance - talk and exercises to improve you and your horse's physical and mental

performance; lateral work; managing hazards; pole work; riding a show jumping course; try something new (driving, sidesaddle, Western etc etc) talk, demo and chance to have a go; dressage test riding; improve your canter work; cross country riding techniques; lungeing to improve horse and rider (including use of Chambon, Pessoa, German sliding rein etc)

On the Wednesday because the Centre will be running a full day's Show Jumping as usual we are thinking of a course walk with the course builder prior to competition, followed by a trip to Newmarket to the Horseracing Museum (exhibition of Munnings sporting art in addition to normal exhibits) and/or Tattersalls. (Cost of entry in addition). Juniors and non-members would be welcome on this day. In the evening use of the show jumps for clear round, schooling sessions etc. with Bar-B-Q open to all.

Members wishing to do the full camp experience will need to provide their own sleeping quarters (caravans, tents, horseboxes etc.) A light lunch will be provided and access to the restaurant in the morning for cereals and tea. Evening meals may be at the White Horse or other local pubs; this is not included in the cost.

COSTS: £185 for the duration, pro rata for separate days/sessions.

If you are interested in attending or need more information please contact Jane Dawson on 01234 782161 or 07887 956 302. Booking form available later.

Dressage Teams

We have entered Senior and Junior teams into the Area 7 Team Summer Dressage Championship Qualifier being held on 15th July at Kimpton, Herts. Hopefully our teams will do well and gain valuable experience.

Summer Dressage League

We are holding a Summer Evening Dressage League along the same lines as the Winter League.

The Dates will be Tuesday 10th July, 7th August and 6th September 2007.

We will be holding 3 classes including a pick-and-mix class in which you can choose your own test from the walk trot test to Advanced Medium!!

Schedule enclosed or available to download on The College website.

Cross Country Course

The cross country course is open for hire at The College.

If there is enough interest, we will be having a regular training session on the mini course for RC members. Please phone Caroline to register your interest in these sessions. 07895 068919

Open Evening Dressage Show 21st August - Schedule

Open to all, £10 non members, £9 other Area 7 RC members £8 KRC members

Class 1 Prelim 4

Class 2 Prelim 7

Class 3 Novice 21

Class 4 Novice 24

Class 5 Elementary 41

Classes 1-4 will have open and restricted sections

Classes 1 & 2 - not to have competed at affiliated dressage (horse or rider) for restricted

Classes 3 & 4 - not to have any affiliated points (horse or rider) for restricted

Rosettes to 6th place in each section. Prizes in kind to the overall winner in each class. KRC polo or sweatshirt to the highest placed senior and junior KRC member in each class.

Entries close 17th August - Cheques payable to Keysoe Riding Club, please send to Jan Nagel c/o The College EC, Church Road, Keysoe, Beds. MK44 2JP. Times from Jan Nagel 20th August 18.00-20.00 07885 535 419

Club Clothing

We currently have a selection of Keysoe Riding Club clothing for sale, Polo shirts and Sweatshirts. They are bottle green with the KRC logo. All sizes available. Please contact Patsy at The College EC office. Polo shirts with KRC Logo £15.00 Sweatshirts with KRC Logo £20.00 (Extra embroidery available for names etc at extra cost).

Contact Us

Chairperson

Patsy Bates 07788 913449, or via the office at The College. 01234 708400.

Email: patsy@thecollegeec.com

Treasurer

Sarah J Armstrong 07881 950543 or 01480 860145

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Secretary, Memberships & Merchandise

Rosemary Lloyd Email rosemary.lloyd1@btinternet.com

Senior Dressage

Nicky Nash Email n.killerby@btinternet.com

Training Bookings Organiser

Caroline Kent. 07895 068919 Email caroline-falling@hotmail.com

Newsletter, Open Show & Points League

Jan Nagel 07885 535419 Email jan.krc@ntlworld.com

Junior Representatives

Annabel Bates 01234 708400