

Keysoe Riding Club Newsletter April 2008



Training Sessions and KRC Events for April, May and June 2008.

The following dates will be available for training sessions

Fri 4th April, 10.30-11.30am, Flatwork, JHD

Mon 7th April, 10.30-11.30am, Jumping, JHD

Mon 7th April, 6.30-7.30pm, Flatwork, DJ

Fri 11th April, SORRY NO TRAINING

Mon 14th April, 10.30-11.30am, Jumping, JHD

Mon 14th April, 11.30- 1.00, XC Training, JHD

Mon 14th April, 6.30-7.30pm, Jumping DJ

Fri 18th April, 10.30-11.30am, Flatwork, JHD

Mon 21st April, 10.30-11.30am, Jumping, JHD

Mon 21st April, 6.30-7.30pm, Flatwork, DJ

Fri 25th April, 10.30-11.30am, Flatwork, JHD

Mon 28th April, 10.30-11.30am, Jumping, JHD

Mon 28th April, 7.30-8.30pm, Jumping DJ

Weds 30th April, College Clear Round Jumping Evening from 6.00pm

Fri 2nd May, 10.30-11.30am, Flatwork, JHD

Mon 5th May, SORRY NO AM TRAINING

Mon 5th May, 7.30-8.30pm, Flatwork, JD

Fri 9th May, 10.30-11.30am, Flatwork, JHD

Mon 12th May, SORRY NO AM TRAINING

Mon 12th May, 11.30-1.00, XC training, JHD

Mon 12th May, 6.30-7.30pm, Jumping, DJ

Fri 16th May, 10.30-11.30am, Flatwork, JHD

Sat 17th May, 10.30-12.00, XC training, JHD

Mon 19th May, 10.30-11.30am, Jumping, JHD (SJ Course)

Mon 19th May, 6.30-7.30pm, Flatwork, JD

Fri 23rd May, 10.30-11.30am, Flatwork, JHD

Mon 26th May KRC OPEN SHOW

Fri 30th May, 10.30-11.30am, Flatwork, JHD

Mon 2nd June, 10.30-11.30am, Jumping, JHD (SJ Course)

Mon 2nd June, SORRY NO PM TRAINING

Fri 6th June, 10.30-11.30am, Flatwork, JHD

Fri 13th June, 10.30-11.30am, Flatwork, JHD

Mon 16th June, 10.30-11.30am, Jumping, JHD

Mon 16th June, 6.30-7.30pm, Flatwork, JD

Fri 20th June, 10.30-11.30am, Flatwork, JHD

Mon 23rd June, 10.30-11.30am, Jumping, JHD

Mon 23rd June, 6.30-7.30pm Jumping, DJ

24-27th June, KRC Residential Camp

Mon 30th June, 10.30-11.30am, Jumping, JHD (SJ Course)

Mon 30th June, 6.30-7.30pm, Flatwork, DJ

PLEASE NOTE SOME OF THE MONDAY EVENING SESSIONS MAY BE AN HOUR LATER THAN USUAL

KEYSOE RIDING CLUB BOOKING FORM

Keysoe Riding Club strives to provide training sessions suitable for all its members.

As from 1st April 2008, we will be accepting bookings for sessions on the completed booking form as below.

These must be returned, to reach us at the College at least 4 working days prior to the session you wish to attend with an enclosed payment. This will enable smooth administration.

You can pre-book as many sessions as you want as long as they are prepaid and a booking form completed for each. These forms can be downloaded and printed from The College website or collected when you are next at The College.

- Plan ahead, book into training sessions, return your booking form with payment well in advance of the cut off date. Entries may not be taken after this time. Enter the dates in your diary.
- Return your booking form with the appropriate fee, by the date requested. Cheques made payable to “**Keysoe Riding Club**”
- If you have to withdraw from a session, ring and leave a message as soon as possible as there may be a waiting list. If you can fill your place or there is a substitute able to take your place, a refund will be given. If the place is empty, we cannot refund you.
- We still have to pay the trainers and for the arena hire and equipment, regardless of how many people attend.
- Do not turn up to sessions that you haven't booked into, on the off chance that you can be fitted in. It is not fair on the people that have booked, or on instructors who suddenly find they have extras in their ride.
- All members should arrive promptly for sessions and be ready before the session start time.
- Please remember, arriving late disrupts the rest of the group, so please be on time

Monday Jumping Sessions with Jane Hurford-Dawson

This 10.30-11.30 session is open to all club members to come and enjoy. We try not to have more than 5 riders in each session. Jane is happy to accommodate all levels of jumping.

Monday Evening Flatwork and Jumping Sessions with Douglas Jones

We are having to change the format and shorten this evening due to low numbers. Thus Flatwork and Jumping sessions will be alternate Wednesdays. (One wed will be Flat, the next will be Jumping)

The 6.30-7.30 session with Douglas, open to all KRC members for horse/riders of all abilities, working on forwardness, balance and correct way of going for flatwork and Control and Rider position and balance for jumping. These sessions are for all abilities, Douglas can accommodate all levels of rider/horse.

Please note that the times for this session may vary.

Friday Flatwork Sessions with Jane Hurford-Dawson

This session is also open to all KRC members 10.30-11.30. For horse/riders of all abilities, working on the flat towards a calm, soft and attentive horse.

Coming Up

Cross Country Training

Cross country training - four sessions have now been set up using The College facilities with Jane Dawson as trainer. We will aim for groups of 4 for each session - exceptionally, if there is a lot of interest, we may allow 5, but this will be the maximum number. Please use your printed booking form (copy below) and note this has been amended to show an emergency telephone number - this is essential information and must be completed. Cost: £25 per session Dates are: Monday 14th April 11.30-1.00, Monday 12th May 11.30-1.00, and Saturday 17th May 10.30-12.00

Please note, Body protectors MUST be worn on XC course.

Riding Clubs Competitions

We are planning to enter teams in British Riding Club's Team Qualifier competitions for Dressage, Show Jumping, Horse Trials, Cross Country, Dressage Quadrille, Working Hunter and Ridden Hunter throughout the 2008 year. We are now looking for members wishing to represent Keysoe Riding Club as Team members in all disciplines.

So if you would like to take part and be in a team, Senior or Junior in any of these disciplines, please contact Jan Nagel on the contact details below.

Please be aware that your horse's flu vaccination certificate MUST be up to date and correct to enter any of these events!! Also you MUST have them with you on the day!!! If you cannot produce them on the day you will be disqualified as per BRC's Rules.

Open Show

As you may already know, we are running another KRC Open Show at The College on Bank Holiday Monday 26th May 2008, so if you would like to help in any way, please let Jan Nagel or Lesley Coy know as we always need help. There are lots of jobs to fill from pole picking to stewarding.

We do also hope to have better weather this year too!!

The Schedule will shortly be available to download from The College website, collect from the office, or a local tack/feed shop.

Summer Dressage League

We are holding another Dressage League through the Summer

The next dates will be Wednesday 21st May, 18th June and 16th July 2008

We will be holding 4 classes, open to RC members and non-members.

There will be rosettes to 6th place and prizes for overall winners of each class.

KRC Residential Camps

The dates for the KRC residential Camps are: Tuesday 24th to Friday 27th June and Tuesday 26th to Friday 29th August. We are running another summer camp if members would be interested. Arrive not before lunchtime Tuesday 24th June for one afternoon session, leave after one morning session on Friday 27th June..

Knowing how many other commitments many members have, we are taking a flexible pick and mix approach. You can choose to come and stay with your horse (well, separate accommodation!) for the whole time, or come for single days or even for single sessions, but we do need to know numbers well in advance to arrange facilities.

There will be some evening activities arranged during the camp, which, numbers allowing, will be open to non-camp members as well, so please come along to these also. A detailed timetable will be available nearer the date for interested members, but will be weather and College diary dependent.

Types of training being considered: flat work and exercises to improve your horse's way of going; improving your competition performance - talk and exercises to improve you and your horse's physical and mental performance; lateral work; managing hazards; pole work; riding a show jumping course; try something new (driving, sidesaddle, Western etc etc) talk, demo and chance to have a go; dressage test riding; improve your canter work; cross country riding techniques; lunging to improve horse and rider (including use of Chambon, Pessoa, German sliding rein etc)

On the Wednesday because the Centre will be running a full day's Show Jumping as usual we are thinking of a course walk with the course builder prior to competition, followed by possibly an outing. (TBA)

Camp cont....

In the evening use of the show jumps for clear round, schooling sessions etc. with Bar-B-Q open to all. Members wishing to do the full camp experience will need to provide their own sleeping quarters (caravans, tents, horseboxes etc.) A light lunch will be provided and access to the restaurant in the morning for cereals and tea. Evening meals may be at the White Horse or other local pubs (this is not included in the cost)

COSTS: £185 for the duration, pro rata for separate days/sessions.

If you are interested in attending or need more information please contact Jane Dawson on 01234 782161 or 07887 956 302. Booking form available later.

Show Jumping Training

We will be organising show jumping training for the more competitive / advanced jumpers in the club, the first being on 6th May from 1800hrs with Nat Dixon.

There will be 3 sessions of 40mins with 2 riders per session as follows:

6.00pm to 6:40pm

6.40pm to 7:20pm

7:20pm to 8pm

If you wish to book into this training evening please put on the booking form the height you are happy jumping and any other relevant information to help us try to match people into the sessions.

Please contact Jo Driver at KRC@JoDriver.co.uk or by phone on 07973 694043 if you have any questions.

Training - General

If there is training that you would like, which we do not currently offer, please contact Jo Driver and put your suggestions forward. If there is enough interest we will try and arrange it.

Please remember that this is a club for all disciplines at all levels, but unless you tell us what you want, we can't make it happen.

Committee

We have lots of interesting events etc in the pipeline for our members but we need more help to make it work, thus we are always looking for new members for the KRC committee.

If you or a family member is interested in helping, please feel free to contact any existing committee member.

If you would like to help/organize an event but prefer not to be on the committee we are happy to accommodate that too. Please don't be shy, we really do need more help with club activities.

Member Contacts and Information

It would help us enormously if we could send you the Newsletter and any important news electronically.

Please can you make sure we have your correct email address and contact details. Several members have not completed email details on their membership forms. If you have received your Newsletter by post and you do have an email address please let our Secretary, Rosemary Lloyd, (details below) have it as soon as possible so that we can add you to the email group list. This will save the Club money and will be to the ultimate benefit of all. We are be sending out a form for you to fill in giving our training staff important health and safety information. i.e. if you have any allergies or health issues we should know about and who to call if an accident occurs.

With this in mind, we do ask if you have any relevant information you think we should already have, please email or send this information to Rosemary Lloyd, our secretary on rosemary.lloyd1@btinternet.com Or post to KRC Secretary, c/o The College EC, Church Rd, Keysoe. Beds.

Club Clothing

Don't forget!! We currently have a selection of Keysoe Riding Club clothing for sale, Polo shirts and Sweatshirts. They are bottle green with the KRC logo. All sizes available. Please contact The College EC office.

Polo shirts with KRC Logo £15.00 Sweatshirts with KRC Logo £20.00

(Extra embroidery available for names etc at extra cost).

Points League.

We are currently running a Members Points League in which ALL members earn points by taking part in any KRC event, training session and competition. You can also earn extra points by helping and/or organising a KRC event. We will present rosettes and prizes to the members with the top 10 highest points totals at a presentation held at the AGM in October. The League runs from October 1st through to September 30th each year, this enables us to collate all member's points.

Points Attainable:

Committee Member 7 points

Event Organiser 6 points

Event Helper 5 points

Taking part in an event 1 point

Taking part in a training session 3 points

Team training session 5 points

Club Competition Placing: 1st-6, 2nd-5, 3rd-4, 4th-3, 5th-2, 6th-1 points.

Where there may be pairs taking part, points each will be awarded.

We will also be awarding points at competitions at other venues in the RC area, eg. Area 7 for representing the KRC

Members News

RECOMMEND A NEW MEMBER

New for Club Members. Recommend the most people to become new members in 08'and you can win a KRC T shirt. Membership must be confirmed with club Secretary.

Rug for Sale

Masta De luxe Turnout rug. Medium weight 200gm, 6'3", Purple bubble pattern. Has usual Masta refinements, front buckles and clips, x surcingles, leg straps, coverall tail flap. Only worn twice as wrong size bought so nearly brand new. In it's own bag. Cost £90. will Accept £40. Phone Jan on 07885 535419.

Contact Us

Chairperson

Patsy Bates 07788 913449, or via the office at The College. 01234 708400.
Email: patsy@thecollegeec.com

Treasurer

Caroline Kent
Email. Caroline-falling@hotmail.co.uk

Secretary, Memberships & Merchandise

Rosemary Lloyd
Email rosemary.lloyd1@btinternet.com

Open Show & Newsletter

Jan Nagel 07885 535419
Email jan-krc@airvehicles.net

Points League

Veronica Zwetsloot
Email: zwetsloot@btinternet.com

Junior Representative

Annabel Bates 01234 708400

Committee Helpers

Jane Hurford-Dawson, Sue Reynolds, Lesley Coy, Avril Ijsselmuiden, Patricia Farnbrough

Keysoe
Riding
Club



Unaffiliated Evening Dressage League Competition

At The College EC , Keysoe, Beds.

21ST May, 18th June & 16th July 2008

Starting at 1800 hrs prompt

Open to KRC members and non-members

Schedule

Class 1 - Prelim 12

Open and restricted sections (restricted combination not to have competed at Affiliated Novice or represented RC at Novice level)

Class 2 - Novice 20 (2007)

Open and restricted sections (restricted combination not to have competed at Affiliated Elementary or represented RC at Elementary level)

Class 3 - Elementary 41 or Medium 63

Open to all.

Rosettes 1st- 6th both sections , prizes in kind for the overall winner of each class.

Entries to: Jan Nagel c/o KRC, The College Equestrian Centre, Church Road , Keysoe Beds. MK44 2JP

Please include;

Rider's Name, Horse's Name, Class/es entered, Open or Restricted, Address, Phone Number Membership Number and Cheque for Entry Fees.

Entry Fees

KRC members £7.00, Area 7 Riding Club members £8.50 , Non Members £10.00

£2.00 levy for late entries. £1.00 per Rider for 1st Aid cover.

Cheques made payable to 'Keysoe Riding club'

Entries close 19th May, 16th June and 14th July 2008

Phone for times 20th May, 17th June and 15th July 2008 between 1830-2000hrs please on 07885 535419

Refreshments will be available

Limited entries in each class so enter quickly!!

If you haven't already sent in one of these, please fill in and send to Rosemary Lloyd.

KEYSOE RIDING CLUB MEMBER'S DETAILS for Training Sessions.
PRIVATE AND CONFIDENTIAL
(This form will be kept privately by Club Secretary)

Membership Number.....

(In case of accident)

Name of member Sex M/F.....

Address.....

.....
.....

Email.....

Tel No.....

Date of Birth.....

Please give 2 addresses for next of kin

.....

.....

Tel No (work).....Tel No(work).....

.....

.....

Tel No (home).....Tel No (home).....

Do you suffer from?

ASTHMA yes/no

EPILEPSY yes/no

MIGRAINE yes/no

DIABETES yes/no

HAY FEVER yes/no

OTHER.....

Are you taking regularly any form of medication?

If yes, What and when?

Doctors name, address and Tel No.....

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Any other allergies (please list)

Any other medical problem that we should be aware of ?

If yes please give full details

Training Session	Date/s	Time Required	Membership No.
Standard of Horse/Rider (any relevant information of use to trainer)			
Name and Address		Phone number	Cheque enclosed, amount £
Signed	Cheque payable to Keysoe RC. Payment will be forfeited if less than 24 hrs notice given for cancellation.		
Emergency Contact Name and Phone Number.			

Please fill in separate form for each person booking sessions

Training Session	Date/s	Time Required	Membership No.
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Name and Address		Phone number	Cheque enclosed, amount £
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Emergency Contact Name and Phone Number.			

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